

EASY HOMEMADE BEEF SOUP

1 medium onion, chopped
1 cup celery, chopped
2 cloves minced garlic
Any cut of pre-cooked beef
1 container organic beef or vegetable broth
Fresh or dried parsley, as desired
Salt and pepper to taste
Kale, Swiss chard, or spinach, chopped

Sauté onion, garlic and celery until tender in olive oil or butter. Add beef, broth and seasonings to pot. Slow cook for at least ½ hour. Just before finished, add Kale, Swiss chard or spinach.