



## Cooking Classes

### Farm Market Finds

**Saturday, October 11th, 10 am**

On the menu: Venison and Sweet Potato Soup, Roasted Sweets and Arugula with Apple Cider Vinaigrette, White Bean and Sausage Ragout with Tomatoes and Kale, Garden Vegetable Bake

*Cost for each class is \$30 per person; with our Cooking Club Card, every 6th class is FREE! Call 610-847-1941 to sign up!*

### Beginner I Cooking Certification Class

**Saturday, October 18th, 10 am**

Join us for the introduction to our Certification classes, where we will be discussing proper food handling, reading recipes, knife skills, and how to properly use a food processor and Vita-Mix. You must attend this class if you would like to continue onto any advanced certification classes!

*All Certification classes are held in our Ottsville office and cost \$50.*



## October Massage Specials

In honor of Bethlehem's Grand Opening, we are offering

**30% off any massage or reflexology session**

with Ree Harrington at the Bethlehem office!

We are also offering

**30% off any CranioSacral session**

with Cheryl Lombardi at the Bethlehem or Ottsville office.



Both of these great offers are only taking place during the month of October, so schedule your session today! For more information about Reflexology or CranioSacral therapy, visit our website at [www.welloflifecenter.com](http://www.welloflifecenter.com).



## GRAND OPENING

Saturday, October 4th, 1 pm to 4 pm

801 W Broad Street, Bethlehem, PA 18018

## Are you coming?

The Grand Opening of the Bethlehem Well of Life Center is just around the corner, and we would love for you to be there! There will be food, fun, activities for kids, and great coupons for everyone. Bring your family, friends, and acquaintances, and join in the fun!



8340 Easton Road, Ottsville, PA 18942 | 610-847-1941 | [www.welloflifecenter.com](http://www.welloflifecenter.com)

The Farm at Doylestown, 201 Farm Lane, Doylestown, PA 18901 | 215-340-3930

801 West Broad Street, Bethlehem, PA 18018 | 610-419-8881